UNIVERSAL ACCESS
AND
HUMAN RIGHTS:

“Medicines alone are not enough”

Liturgy for World AIDS Day 2010
Introduction

World AIDS Day 2010 continues the focus on Universal Access and Human Rights begun in 2009. As Christians, World AIDS Day provides us with precious moments to reflect on HIV and our belief that all people are created in God’s image. While we work to promote and protect the human rights of people living with or affected by HIV, or those who are vulnerable to infection, we must also recognise and take action on the spiritual dimension that calls us to work for justice and treat all as our sisters and brothers.

This year’s liturgy focuses specifically upon the importance of linking HIV and food issues as part of efforts to achieve Universal Access and Human Rights. While access to medicines is vital for all, access to food, water and other basic rights is also essential for life as God intended it. Indeed, as the liturgy demonstrates, one right cannot be fully achieved without the other, leading to a call for more comprehensive and integrated approaches to both addressing HIV and stemming hunger.

Preparing the Service

You are encouraged to use this order of worship on World AIDS Day - Wednesday, 1 December 2010. It may also be used at a service on the Saturday or Sunday before or after World AIDS Day, or at any other time over the coming year. It can be used in conjunction with or as a stand-alone “Light for Rights” event: www.lightforrights.org.

Special items needed for this service are four candles, one large candle and an optional recording of Bob Marley’s song “Could you be loved?” (‘youtube’ version: www.youtube.com/watch?v=V4yCCr_CpwE) (or a song of your own choice) and copies of the EAA’s letter on HIV and Food (attached as an annex). Optional items include hand-bells and/or a basket of bread or fruit. You are also advised to read the EAA’s webpage that explores the links between HIV and Food and download any resources that your congregation may find useful. You can also order hard copies of the EAA’s factsheet on HIV and the Right to Food as well as its advocacy one-pager by emailing rfoley@e-alliance.ch.

The service can be downloaded from: http://www.e-alliance.ch/en/s/hivaids/world-aidsday/.

It is also available in French, Spanish and German, along with other resources for World AIDS Day. Please feel free to adapt the service to your own local context.

Credits: This liturgy was written by the Rev. Nicole Ashwood, unless otherwise indicated. Thanks also go to Joshua Jayaseelan, Veikko Munyika, Karen Plater and Erlinda Senturias for their input. Scripture quotations are from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of Churches of Christ in the USA and are used by permission. All rights reserved.
Order of Service

Theme: Universal Access and Human Rights: “Medicines alone are not enough”

Musical Prelude

Welcome and Opening Hymn (all responses are in **bold**)

Leader: My sister, my brother - you are welcome!
Come, you who are hungry for acceptance
Thirsty for love and
In need of food and provisions, healing and hope
Just as you are - come!

**Sing**  Brother, sister, let me serve you, (v. 1)
Let me be as Christ to you;
Pray that I may have the grace to
Let you be my servant too.

Leader: This day, God’s Spirit rests upon those who are afflicted, who comfort the afflicted, the poor, the needy . . . the hungry, the crying, the dying, those who thirst for the nourishment of food and a space at the table All God’s word is now fulfilled in our presence, and Jesus bids us - one and all; sick and hearty, hungry and full - come!

**Sing**  We are pilgrims on a journey, (v. 2)
And companions on the road;
We are here to help each other
Walk the mile and bear the load.

Leader: Today God’s Spirit empowers us to break through the darkness of apathy, ignorance, hopelessness and despair to provide healing for the broken, comfort for the afflicted hope for the forsaken and bread for the hungry So come, all who are thirsty for justice, hungry for equity Who give voice to the voiceless Christ bids you come, as you are, wherever you are...

All: ...whomever and whatever you are considered to be – you are welcome!

**Sing**  I will hold the Christ-light for you (v. 3-6)
In the night-time of your fear;
I will hold my hand out to you,
Speak the peace you long to hear.
I will weep when you are weeping;
When you laugh I'll laugh with you;
I will share your joy and sorrow
Till we've seen this journey through.

When we sing to God in heaven
We shall find such harmony,
Born of all we've known together
Of Christ’s love and agony.

Brother, sister, let me serve you,
Let me be as Christ to you;
Pray that I may have the grace to
Let you be my servant too.

Reading: The linkages between HIV and Food
Food security, that is vital for all, has a particular significance for people living with HIV. An adequate diet can help them stay healthy and reduce their vulnerability to AIDS-related diseases. Without adequate food, an individual’s response to antiretrovirals (ARVs) can be undermined. The frequency of opportunistic infections then increases and the progression of AIDS-related illnesses is hastened. Providing medicine alone, therefore, is not enough – adequate food and nutrition are essential elements of HIV prevention, treatment, care and support. HIV also has an impact on food security. At the household level, AIDS-related diseases can limit people’s energy levels and ability to work and earn money to buy food. Time and household resources, particularly those of women, are also consumed by caring for sick family members. At the community level, HIV and AIDS reduce the number of productive people in the labour force and limit agricultural output, further reducing food security. Social exclusion and discrimination also increase the vulnerability of people affected by HIV and AIDS to hunger. In turn, a lack of food or income may force people to prioritise buying food over ARVs, and thus reduce the effectiveness of HIV treatment further. Food insecurity, limited earning options or resources, and conflict or other emergencies can also increase people’s vulnerability to HIV as they can lead to higher-risk behaviours such as engaging in sex for food or money. These cyclical linkages call for comprehensive approaches to both ensuring food security for all and to achieving universal access to HIV prevention, treatment, care and support.

The reading is followed by the jingle of bells, finger cymbals or a hand gong and the dimming of lights to signify the devastating effect that AIDS has had on us all.

Prayer of Confession  - (led either by one liturgist or by several voices in the room)
Leader: Inviting God,
All: We know our excuses, we have rehearsed them well.
Leader: The world is complicated and the way not sure.
All: We know our excuses, God.
Leader: We must be careful or we do more harm than good.
All: We know our excuses, God.
Leader: Justice is a nice dream, but we also need to take care of ourselves.
All: We know our excuses, God.
Leader: What can we do when a broken financial system rewards the rich and
Impoverishes the poor even further?
All: We know our excuses, God.
Leader: We have become adept at turning away from the hungry.
All: We know our excuses God.
Leader: We do not connect the abundance of our bread with their deprivation.
All: Break through our excuses, God.
Leader: Transform and renew our lives so that we might become a living
manifestation of your promises of a feast for all. Restore us to life for
our sisters’ and brothers’ sakes, dear God.

Assurance of Pardon
Leader: Sisters and brothers, Christ's love sets us free from our sins and calls
us into loving relationships with one another. Christ has forgiven us,
and we are now at peace. Because Christ has set us free from our
sins, we can share God's marvelous light with others.

An Alternative Lord's Prayer: (FROM 'HUMAN RITES' BY WARD AND WILD)

"Beloved, Parent – our Mother/Father,
in whom is heaven,
hallowed be your name,
followed be your royal way,
done be your will and rule,
throughout the whole creation.
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
Now and forever.
Amen."

Old Testament Reading - Isaiah 58:5-8

Is such the fast that I choose, a day to humble oneself?
Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?
Will you call this a fast, a day acceptable to God?
Is not this the fast that I choose:
to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed
go free, and to break every yoke?
Is it not to share your bread with the hungry, and bring the homeless poor into your
house; when you see the naked, to cover them, and not to hide yourself from your
own kin?
Then your light shall break forth like the dawn, and your healing shall spring up
quickly; your vindicator shall go before you, the glory of God shall be your rearguard.
Fruit of Awareness:  (The Story of Jhupri B. K. – optional – or a contextual story)

During the representation of this story, a basket of bread/fruits may be passed around the room for all to partake, so that they may have ‘food for thought’ to accompany them.

Reader 1:  The struggle to stay alive.
Just two years ago, Jhupri B.K. was losing her battle with HIV.
She had lived with her husband in Mumbai, India, for 15 years where her husband was working as a watchman.
Shortly after they returned to their Nepali village in Siddheshwor, Accham, her husband died of an AIDS-related illness.
Not long after her husband’s death, she too fell sick. When she underwent a blood test in Accham, she found out that she too was infected with HIV. That is when her real ordeal began.
She fell so ill that she became bedridden. Her hair started falling off and she had skin problems.
None of her neighbours came near her for fear of contracting her disease.
“HIV/AIDS almost took my life. I was losing my consciousness because of the disease and I was not aware of anything.
I didn’t even know that my two-year -old son, who was also HIV positive, had died. To date, I do not remember the moment when he was taken for cremation. I had lost all hope of living,” Jhupri says.

Reader 2:  Medicines brings change but challenges remain.
Luckily, the volunteer facilitators working with people living with HIV in the area came to her aid and took her to Mangalsen, the Accham District headquarters for antiretroviral (ARV) treatment.
She says the ARV worked magic on her and her health started improving. She has now been on medication for two years.
However, her ordeal has not come to an end yet:
She has a family of six including herself and her five children.
Her second daughter is also HIV positive, which alone has been reason enough for her to be discriminated against at school.
This comes in addition to the discrimination she daily faces for belonging to the Dalit community, the so-called impure and untouchable community.
Without a source of income to feed the family of six, managing every meal is a real challenge for Jhupri.
“The ARV treatment makes me very hungry and the doctor says I need to maintain a proper diet and have nutritious food.
But how can I myself eat when I can’t even manage two meals a day for my children?
Moreover, I have to walk to Mangalsen to fetch the medicine, because I can’t afford to travel in a vehicle.
The walk takes about three days,” Jhupri explains.
Reader 3: Community support: received and given.
After starting the ARV treatment, Jhupri recovered from her physical illness, but did not attain a state of wellbeing, as she felt very distressed. She had no one to share her suffering with. The support provided by Youths in Empowerment Sector (YES) Nepal, an affiliate of Sansthagat Bikas Sanjal, has become a shoulder for her to rest her head upon, when she feels exasperated. Jhupri speaks warmly of the support volunteer facilitator Khemraj Bhul has been giving her. The volunteer facilitator coordinates efforts with other organisations to provide all the support possible.
“I feel very good, when I talk to Khem Raj. He treats me like an aunt and often visits me to check how I am doing. The support that YES Nepal has given me is invaluable. The information and facts about HIV the volunteers gave me have helped me lead a healthy lifestyle. I now know about HIV/AIDS and talk to my neighbors about it,” Jhupri says. Jhupri is now well informed about the modes of transmission of HIV. She regularly interacts with women whose husbands are in India. She also gives advice to people who have returned from India to undergo voluntary counseling and testing for HIV. The dream that Jhupri B. K. now has is to see her children educated, so that they can earn a decent living for themselves and wouldn’t have to travel too far to look for work.
Jhupri B.K. represents many of the women in the Accham district, who are facing the consequences of something that was not their fault. Having contracted HIV from husbands who worked in India and have since passed away, they now struggle everyday as the sole bread-winners in their families. Their wish is to create a better future for their children.

Sing

We plough the fields and scatter the good seed on the land,
But it is fed and watered by God’s almighty hand:
Who sends the snow in winter, the warmth to swell the grain,
The breezes and the sunshine, and soft, refreshing rain.

Refrain: All good gifts around us are sent from heaven above;
We thank you, God; O thank you God, for all your love.

God only is the maker of all things near and far;
God paints the wayside flower, and lights the evening star;
The winds and waves obey God, by whom the birds are fed;
Much more to us, the children, God gives our daily bread.

Refrain: All good gifts around us are sent from heaven above;
We thank you, God; O thank you God, for all your love.
Gospel Reading - Matthew 4:3-4

The tempter came and said to him, ‘If you are the Son of God, command these stones to become loaves of bread.’
But Jesus answered, ‘It is written, “One does not live by bread alone, but by every word that comes from the mouth of God.”’

Affirmation: A call to community action and advocacy

Leader 1: Bread alone is not enough…
Medicine alone is not enough…
Food alone is not enough…
Prayers alone are not enough…

All: But together we can win
Together we are strong
Together we can feed each other

Leader 2: Infection leads to powerlessness,
We get sick, weak, cannot produce
We can no longer feed ourselves or our children
We cannot pass on our skills to them
So the cycle of life is broken.

All: But we are the restorers of the breach,
And today we join hearts and hands with action
That for the sake of those present and those to come,
Our action matches our passion!

Leader 1: We cannot love God unless we love each other.
We know God in the breaking of bread,
And we know each other in the sharing of bread.

Leader 2: We are not alone anymore.
Heaven is a banquet, and life is, too - even with a crust -
As long as there is companionship.

All: We have all known loneliness and
We have learned that the only solution is love.
As love comes with community,
Let us learn to live as a loving community today.

Prayers of Intercession (lights are dimmed)

Preceded by the optional playing of Bob Marley’s “Could you be loved?”

(Specific prayers for people or projects known to the local community can be said)
Leader:
God of the desert places be with those who wait, queuing for water and food;
watching their little children losing energy to play, looking for rain, for work and
health and harvest.
In their time of waiting, be their heart’s courage and their souls’ hope; make their
desert bloom.

A candle is lit as lights remain dimmed.

Christ our God, You too were born a child. Not free into our world: Subject to
poverty, harassment by foreign powers, and dangers to your health.

Another candle is lit.

In your name; Let us cry freedom for your children, now, at this time, and through all
generations.

Another candle is lit.

God of beauty, Maker of all that grows,
You did not create us to be separate from the earth, but planted us in a garden to
tend it and care for it. We thank you for the multitude of plants that nourish our
bodies, comfort our pain and give us pleasure.

Another candle is lit.

Give us, God, a meal at which no one is hungry and all are fed,
At which no one is unwanted, and all are loved, at which the sick are healed and the
broken restored, at which the grieving are comforted and the lost found.
We pray in the name of Jesus Christ, our Sustainer.
(The room is restored to its former brightness to illuminate the fundamental human
rights and dignity that we all share).

Offering
An appropriate piece of music or Bob Marley’s “Could you be loved?” could be
played again during the collection that is dedicated to a specific project, addressing
local nutrition and health needs.

Benediction

May the Christ,
Who knows the hunger of those longing for food,
The thirst of those without water;
The pain of those praying for wholeness,
Make us to be bread-broken for our brothers and sisters,
Until all are fed.

Amen
Closing Hymn  (C.M.)  (*Crimond is suitable*)

From You all skill and science flow,
All pity, care and love,
All calm and courage, faith and hope;
O pour them from above.

And part them, God, to each and all,
As each and all shall need,
To rise, like incense, each to You,
In noble thought and deed.

And hasten, God, that perfect day
When pain and death shall cease;
And Your just rule shall fill the earth
With health, and light, and peace.

Whenever blue the sky shall gleam,
And ever green the sod;
And our rude work deface no more
The paradise of God.

As the congregation leaves, they can be invited to read and sign the EAA’s letter calling on world leaders to do more to link food and HIV as part of their efforts to meeting the Millennium Development Goals and the HIV Universal Access goals (see below). The letter should then be sent to your head of state or other government officials responsible for HIV and/or food issues in your country.


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Dear [Head of State],

Greetings from the ecumenical community that believes that every human being is made in the image of the Creator and therefore has dignity and worth, which demand that certain basic needs be met. Today we are writing to urge you to ensure that international commitments to address both hunger and HIV are met.

The number of people living with HIV is now an estimated 33.4 million globally. Although the epidemic is stabilising, this is at an extremely high level. People living with HIV are among the most vulnerable in developing countries, many living in extreme poverty, lacking appropriate nutrition and livelihood options. Rising global food prices are further increasing the vulnerability of impoverished people and communities, and further reducing their ability to cope with and recover from external shocks such as environmental changes and armed conflict.

In our global village, almost one billion people are denied their basic human right to adequate food. Good nutrition is required for all people. However, for people living with HIV, this is even more important. In the developing world in particular, diet can be poor and often malnutrition is already an issue. The presence of HIV exacerbates this situation, reducing the capacity of people and communities to feed themselves. On the other hand, it is well established that access to adequate food and nutrition can substantially mitigate the impacts of HIV and AIDS. To date, however, limited progress has been made in integrating nutrition and food security interventions into HIV programs and policies. A key reason for this is the lack of political will.

Governments committed themselves in the Millennium Declaration to end hunger and poverty (Millennium Development Goal 1) and to combat HIV and AIDS (MDG 6). By 2015, hunger should be halved and the spread of HIV should be halted. Yet these goals are far from being reached, as is the UN target of 0.7% of gross national income for official development assistance.

The international community also recognised the importance of nutrition in HIV prevention and care when, in June 2006, the Declaration of Commitment by the United Nations General Assembly Special Session (UNGASS) on HIV and AIDS, stated that: “all people, at all times, will have access to sufficient, safe, and nutritious food to meet their dietary needs and food preferences for an active and healthy life, as part of a comprehensive response to HIV/AIDS” (Article 28). This commitment is an important component of governments’ pledge to achieve universal access to HIV prevention, treatment, care and support by 2010. But this target too is far from being reached.

At the 2011 UNGASS review in June, governments will meet in New York to review the implementation of these commitments. Over the coming years, they will also continue to review progress towards meeting the MDGs by 2015. Ahead of these review meetings, it is vital that each state demonstrates real political will to the integration of nutrition and HIV by:

- Delivering on Article 28 of the UNGASS Declaration of Commitment by incorporating nutrition and food security issues into policies and programmes aimed at scaling-up efforts to achieve universal access to HIV prevention, treatment, care and support, including those to prevent vertical or “mother-to-child” transmission of HIV.
- Incorporating nutrition indicators into HIV monitoring and evaluation activities, including the monitoring and evaluation of national AIDS strategies.
- Ensuring that agricultural policies and programmes are HIV-responsive and target smallholder - mainly women – farmers.
- Working across sectors, including with people living with HIV and wider civil society, to ensure that food and nutrition assistance reaches the most vulnerable, is relevant and appropriate, and does not fuel stigma and discrimination.

Thank you in advance for your life-saving action.

Yours in faith,