



Ukuphokophelela ukuguqula imiphakathi

Izifundo zeBhayibheli zixhumanisa ukholo nenguquko



Social Justice Season 2011
Diakonia Council of Churches

UKUGUQULA IZIMPILO

Izifundo zeBhayibheli zixhumanisa ukholo nenguqoko



*Ukuphokophelela
ukuguqula
imiphakathi*



Isikhathi sobulungiswa 2011
Diakonia Council of Churches

UMKHULEKO WOKUVULA WAMASONTO ONKE

*Nkulunkulu olungileyo, moya wokuphila,
Ngizunikela kuwe namhlanje, nginxusa intando
nendlela yakho*

*Ukuba ibe ngumthombo ogobhozayo empilweni
yami.*

*Ngiyavuma ukuthi amandla okulunga kwakho
ayahlumelela*

*Emzimbeni, nasengqondweni, nasemoyeni,
nasemphefumulweni.*

*Ngicela uphefumulele kimi umoya wenguquko
nasebandleni,*

*Nasemndenini, nasemphakathini engikuwo.
Ngicela lenguquko kuJesu ongiqinisayo.*

Amen



Isikhathi sobulungiswa 2011
Diakonia Council of Churches

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ISINGENISO:

Siyanamukela kulomgubho wesikhathi sobulungiswa 2011. Kulamasonto amane masivule izinhliziyu ukuze uMoya oNgcwele angene asebenze, asilekelele ekugquleni izimpilo zethu, ukuze kufinyelele ekuguqukeni kwamabandla ethu.

Siyadinga ukuzikhuthaza njalo ngokwenzekayo emiphakathini futhi sizibandakanye nayo.

Siyanikhuthaza futhi ukuba nibambe iqhaza elibonakalayo ekugubheni lesikhathi sobulungiswa esihlelelwe inyanga ka-Agasti.

Izigaba zezifundo zeBhayibheli ezine zilandela uhlelo olufanayo. Kukhona umkhuleko ohleliwe ekhasini lesibili, kulandele ukuzindla kugcine inkondlo. Isifundo esicashunwe eBhayibhelini sibayingqikithi yesonto.

Sebenzisa okuhleliwe. Kuvumelekile uzenzele owakho umkhuleko.

Ungakusebenzisa kokubili. Izizindlo ungazenza ngokuphimisela noma buthule. Iqembu uma lilikhulu lingaqenjula libe amaqenjuna.

Imibuzo yokuxoxisana izoveza imibono yomuntu, futhi neyemiphakathi neyamabandla. Lokho kunganikhathazi. Esole ingabuye ibhekwe emva kwezinkonzo ngamasonto noma ngelinye-nje ilanga.

Ithuba elivelayo ngaphambi kokuvala, hlela okuzokwenziwa esontweni elilandelayo. Indlela eholela ekuguqukeni idinga ukwazi ukumelana nezinselelo ezivelayo kulesosigaba nesigaba, futhi kubekhona nokuzimisela mayelana nokuqhubeka nokucubungula amaphuzu, kugcinwe sekuthathwa izinqumo ngokuzokwenziwa ezigabeni zozine.

Amalungu awavumelane ngokuzinikela ekwenzeni okuthile isonto ngesonto, kukhumbuleke ukuthi okwenziwayo kungaba okwesikhashana noma okwesikhathi eside.

Kungenziwa ngoyedwa, noma iqembu lonke noma kubandakanye nebandla.

Isonto Lokuqala

I Ukuguqulwa kwesimo esimbuka ngaso uNkulunkulu nesizibuka ngaso thina

ISIFUNDO SEBHAYI BHELI:

KwabaseRoma 12:1 – 8

Ukuhamba okungcwele

Ngakho ngiyancenga, bazalwane, ngobubele bukaNkulunkulu ukuba ninikele imizimba yenu ibe ngumnikelo ophilileyo, ongcwele, othandeka kuNkulunkulu kube ngukukhonza kwenu kokuqonda; ningalingisi lelizwe, kodwa niguqulwe isimo ngokwenziwa ibentsha ingqondo yenu, ukuze nibe nokuhlolisisa okuyintando kaNkulunkulu, okuhle, nokuthandekayo, nokupheleleyo.

Ukuthobeka

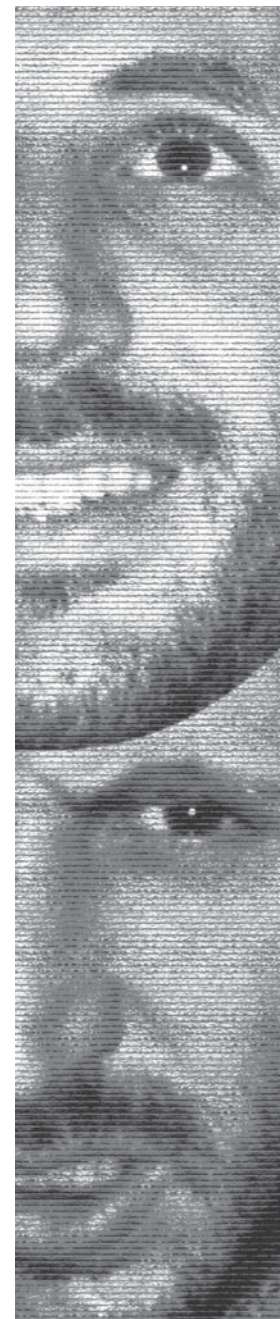
Ngokuba ngomusa engiwuphiweyo ngisho kulowo nalowo ophakathi kwenu ukuthi angacabangi athi mkhulu kunalokho afanele ukukucabanga, kodwa acabange kube ngokuqonda, njengalokho uNkulunkulu abele lowo isilinganiso sokukholwa.

Ngokuba njengalokhu sinezitho eziningi emzimbeni munye, kepha izitho zonke azinamsebenzi munye, kanjalo thina esibaningi simzimba munye kuKristu, kepha ngabanye siyizitho, omunye esomunye.

Sineziphopho zomusa ezahlukileyo ngokomusa esiwuphiweyo; uma singesokuprofetha, asiprofethe ngesilinganiso sokukholwa; uma singesokukhonza, kube senkonzweni; ofundisayo, kube sekufundiseni, oyelayo, ekuyaleni; owabayo, enze ngobuqotho; oholayo, ngenkuthalo, ohawukelayo, ngentokozo.

BUKISISA LOKHU:

UMoya oNgcwele ungumduduzi, futhi impela umoya kaNkulunkulu uyamduduzisa okhathazekile, ngokufanayo umoya uyamnyakazisa onethezekile. Isimo esiguquliwe esizibuka ngayo sisizwa UMoya oNgcwele siyasikhuthaza futhi sisiqungise isibindi sokungazinyezi kugcine ngokuletha into-





beko kwabaziphakamisayo. Uma ucabanga ngeyakho impilo ngawedwana yikuphi lapho uke wabanokuzisola, yikuphi lapho uzwe ukuhlumeleleka ngokukaMoya kaNkulunkulu?

AMAXOXO LOKHU:

1. Izinkolo eziningi ezahlukenene zenza imihlatshelo enhlobonhlobo kodwa kithina kusho ukuthini ukuba 'Umhlatshelo ophilayo?' Ngokuhamba kwesikhathi lokhu kube nomthelela muni esimweni ombuka ngaso uNkulunkulu na?

2. Kubafundi bokuqala kwakwenziwa kakhulu ukumemezela ukuthi 'uKristu uyinkosi' emphakathini owawuthi 'uKhesari uyinkosi'. Yiziphi izindlela imiphakathi yethu eyenza ingcindezi yokuba silandele indlela yasezweni yokuziphatha kunokulandela ekaJesu na?

3. Ngokubona kwakho yimiphi imiphumela emibi evela ekutheni abantu bazibone bengcono kakhulu kunaloko abayiko noma bazinyeze na? Usazindla kanjalo qhubekela emkhakheni wezopolitiki, wezokusebenza, wezempilo yokholo, wezemindeni nemiphakathi.

4. Ukuzicabanga sesiguqulwe UMoya oNgcwele kaNkulunkulu kusikhulula kanjani ukuba sibenokukhuthazeka ekusebenziseni izipho zomusa namakhono esiwamukeliswa nguNkulunkulu na?

UHLELO OLUNGALANDELWA:

1. _____
2. _____
3. _____
4. _____

BHALA AMANOTHI:



Isonto Lesibili

2 Izizindlo ngokwenkolo ekuphatheni nasebuholini

ISIFUNDO SEBHAYIBHELI: 2 Samweli 12:1

UKUZISOLA NOKUJEZISWA KUKADAVIDE

UJehova wayesethuma uNathani kuDavide. Wafika kuye, wathi kuye: Kwakukhona amadoda amabili emzini munye, enye icebile, enye impofu. Ecebileyo yayinezimvu nezinkomo eziningi kakhulu, kepha empofu yayingenalutho, inekhukazana lilinye elincane nje kuphela, eyayilithengile yalondla; lakhulela kuyo nakubantwana bayo; ladla ucezu lwayo, laphuza esitsheni sayo, lalala esifubeni sayo, lalinjengendodakazi kuyo.

Kwase kufika isihambi endodeni ecebileyo, yayeka ukuthatha ezimvini nasezinkomeni zayo ukusilungisela lesosihambi, esasifiké kuyo, kepha yathatha ixhukazana lendoda empofu, yalilungisela umuntu owayefiké kuyo.

Intukuthelo kaDavide yavutha kakhulu ngalowomuntu, wathi kuNathani; Kuphila kukaJehova, umuntu owenzé lokho ufanele ukufa; uyakulibuyisa ixhukazana, liphindwe kane ngokuba enzé lokho nangokuba wayengenasihawu.

UNathani wathi kuDavide: Nguwe lowomuntu. Usho kanye uJehova uNkulunkulu kalsrayeli, uthi: Ngakugcoba ube yinkosi phezu kukalsrayeli, ngakophula esandleni sikaSawule.

BUKISISA LOKHU:

Kuyinto engelula ukubhekana ngqo nombuso onamandla mayelana nokwenziwa kweqiniso ngisho ungumphrofethi kaNkulunkulu kumele uqaphele. UNathani wenza umzekeliso ogudla eqinisweni. UDavide wathukuthela wagana unwabu ngalendaba, ephuthuma eyenza isigwebo esinzima angasikhipha ngalesisenzo esibi kangaka. Yilaphoke uNathani esethi 'Nguwe lowomuntu!' UDavide wabe esebona iqiniso nokufanele akwenze. Uma seseka aba-

holi bemikhakha enhlobonhlobo ebandleni, kuHulumeni, emindenini sisuke sikhombisa ukubethemba ngamakhono abo ebuholini. Uma sekwenzeka okuphambene nokulindlekile asithandi ukubagxeka ngokuphoxayo sifuna ukubakhuthaza ukuze benze kahle. Nokho sikhathi simbe akubi yisu elihle ukubaqonda ngqo futhi akukhombisi inhlonipho ukwenzenjalo futhi akuyona indlela yesintu leyo. Sidinga ubunono, sicophelela ukubelekelela ukwenza ngcono isimo. Kungaboniswa ngendlela emazombe, enokucophelela nenhlonipho kodwa ibe iveza ngokusobala ukuthi okwenzekile akwemukeleki qobo. Futhi kungaphawuleka ukuthi kungenzeka amanye amaphuzu angabanomthelela awavelanga, kube ngozithoba. Kungaxoxwa nendatshana enhle, enombhingo omncane ukuze kukhululwe isimo esingaba nokushuba, abantu bazizwe bekhululekile, bemukelekile.

INGXOXISWANO NGEMIBUZO:

1. Kukhona yini ongakukhumbula emibhalweni engcwele lapho uJesu ebeka Inselelo kubaholi benkolo nabumbusazwe ngesikhathi sakhe?

2. Kukekwenzeka kuwe ukuba uthi "Ngingathanda ukubu za kuhulumeni ngalokhu" ubesewenzani ngalokho?



3. Uma ungenasibindi sokubhekana nabaholi bepolitiki zikhona yini izinhlaka noma izinhlangano ebandleni lakho ezingakuxhumanisa? Yiliphi iqhaza ongazimisela ukulibamba? Futhi ungasiza kanjani ebandleni lakho nasezinhlanganweni zalo ukuqinisekisa ukuthi abaholi bahambisa izinto ngendlela eyiyo?

4. Akhona yini amaphuzu athile asemqoka ongathanda acushungulwe ebandleni lakho nakwinqubomgomo yalo?

UHLELO OLUNGALANDELWA:

1.

2.

3.

4.

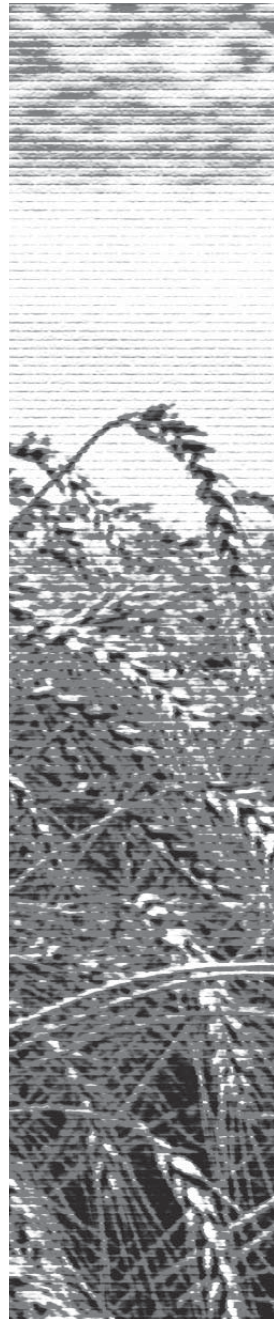
BHALA AMANOTHI:

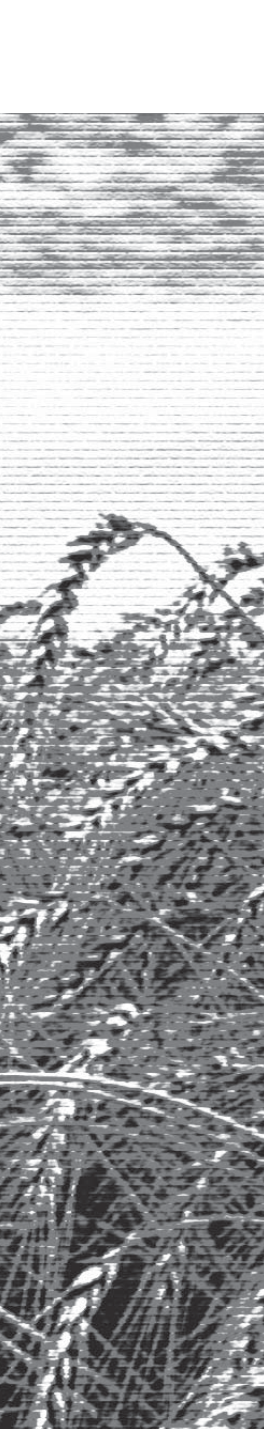
*Isondo
Sebhayibheli*

**3 UKWABELANA
NGEZINSIZA**

ISIFUNDO SEBHAYIBHELI: uRuthe 2:1-16

UNawomi wayenesihlobo somyeni wakhe, umuntu ocebileyo, owomndeni ka-Elimeleki, igama lakhe linguBowazi. URuthe wakwaMowabi wathi kuNawomi: “Mangihambe, ngiye ensimini, ngikhothoze ezikhwetshini emva kwalowo engiyakufumana umusa emehlweni akhe.” Wathi kuye: “Hamba, ndodakazi yami.” Wahamba, waya wakhothoza ensimini emva kwabavuni; kwase kwenzeka ukuba afike esiqeshini sensimu sikaBowazi womndeni ka-Elimeleki. Bheka, uBowazi wafika evela eBetlehema, wathi kwabavunayo: “UJehova makabe nani.” Bathi kuye: “UJehova makakubusise.” Wayesethi uBowazi encekwini yakhe eyayibekwe phezu kwabavuni: “Ngekabani le ntombazana na?” Inceku eyayibekwe phezu kwabavuni yaphendula yathi: “Kuyintombazana yakwaMowabi ebuye noNawomi ezweni lakwaMowabi; ithu: ‘Ake ngikhothoze, ngibuthe ezithungwini emva kwabavuni.’ Selokhu ifikile, iqhubekile kusukela ekuseni kuze kube manje, ihlale kancane endlini kuphela.” UBowazi wayesethi kuRuthe: “Angithi uyezwa, ndodakazi yami? Ungayi ukukhothoza kwenye insimu, futhi unga-suki lapha, kepha namathela kuwo amantombazana ami lapha. Amehlo akho mawabe sensimini ayivunayo, uwalandele; angithi ngiyalile abafana ukuba bangakuthinti na? Nxa womile, yana ezitsheni, uphuze lokho abakukhileyo abafana.” Wayesewa ngobuso bakhe, wakhothamela emhlabathini, wathi kuye: “Ngifumaneleni umusa emehlweni akho ukuba unginake, lokhu ngingowezizwe, na?” UBowazi waphendula, wathi kuye: “Kubikiwe kimi konke omenzele khona unyokozala selokhu afa umyeni wakho nokuthi ushiyile uyihlo nonyoko nezwe lokuzalwa kwakho, weza kubantu ongabazanga ngaphambili. UJehova makakuvuze ngomsebenzi wakho, uphiwe umvuzo opheleleyo nguJehova uNkulunkulu kaIsrayeli oze ukuba uphephele phansi kwamaphiko akhe.” Wathi: “Mangifumane umusa emehlweni akho, nkosi, ngokuba ungiduduzile nangokuba ukhulume kahle kuyo incekekazi yakho, noma





ngingenjengeny ezezinkukazi zakho.” Ngesikhathi sokudla uBowazi wathi kuye: “Woza lapha, udle isinkwa, ugcobhoze ucezu lwakho kuviniga.” Wahlala eceleni kwabavuni, wamnika utshwele, wadla wasutha, washiya phansi. Esesukile ekukhothozeni uBowazi wayala abafana bakhe, wathi: “Makakhothoze nasezithungwini, ningamkhathazi. Anoke nimkhiphele nokuthile ezithungwini, nikushiye ukuba akukhothoze, ningamsoli.”

BUKISISA LOKHU:

Ukukhothoza akulona isikompilo lethu, ikakhulukazi njengoba sekwavunwa ngemishini eseqophelweni eliphezulu. Ku-jwayelekile noko ukuthi abalimi bezohwebo, babadedele abalimi abancane balandele becoshe okugejeke emishinini. Okwenziwa uBhowazi kuRuthe kwakunga jwayelekile. Loko kokuthi abavuni bavele bamkhiphele ezithungwini ukuze akhothoze ngokuthe xaxa. Ngabe wathinteka ukuzwa impatho enhle uRuthe kuNawomi nanoma ukukhuthala kwakhe? Kungenzeka futhi ukuthi wakhangwa ubuhle bakhe obuhehayo. IBhayibheli alikuchazi lokhu kodwa kusobala wayethathekile. Ngokwesikompilo lethu ikakhulu ubuntu, nathi sinazo izindlela zokuziphatha. Isimo sasicishe sifane nezifiki kuleli lakithi eNingizimu Afrika ngesikhathi samanje. URuthe naye njengesifiki wayengenalo ilungelo lokuba yisisebenzi kulelozwe. Ake ucabange izindlela ongazisa ngazo izifiki ohlangabezana nazo. Eminyakeni edlule ngesikhathi somgubho wobulungiswa, kwenziwa isiphakamiso, sokuzindla ngobundeni ‘endlini kaNkulunkulu’. Ngokokholo lesosiphakamiso sasigcizelela ukuthi umhlaba unako ukudla okunganelisa abantu bonke kodwa akwaneli uma kukhona ubugovu ebantwini. UBhowazi usikhombisa ukuthi singabanesihe sabelane nabanye sethembela kuNkulunkulu hhayi ekugodleni izinto. Kutholakala ukuthi abantu abaphanayo akungoba benokuningi. Bangabantu ase-bajwayela ukwabelana nabanye ngabanako. Uma uncishana kokuncane onako, uyoncishana noma sewunenala. Ngokuqathanisa, abampofu baphana ngokwedlule kwabanothile.

AMAXOXO NGEMIBUZO:


1. Ngesikhathi abantu bekwenzela umusa wazizwa unjani? Xoxa ngaloko neqembu okulo.

2. Kunini lapho kubalula kuwe ukuphana futhi kunini lapho kubanzima khona?

3. Singabafuza kanjani abantwana abangabheki izinga lomuntu?

4. Yimaphi amaphuzu obulungiswa agqamayo kulendaba yeBhayibheli?

5. Emabandleni ethu, umoya wokuphana singawu dlondlobalisa kanjani ukuze kuhlomule iningi?



sikhathi lapho wabona ithemba liguqula isimo esidikibaliso, lifaka umfutho nomdlandla wokwenza ngcono ne-nqubekela phambili.

Thatha imizuzu emihlanu uzindla buthule:

- a. Kuwe ithemba lisho ukuthini?
- b. Uphumelela kanjani ukuqhubeka nempilo emuva kokudikibala?

AMAXOXO NGEMIBUZO:

1. Qhaza lini elibanjwe yithemba empilweni yakho?

2. Uma ukhululekile, ake uxoxe ngemibono ekufikele ekuzindleni buthule nomunye eqenjini.

3. Elakho ithemba ligxilephi?

4. Ithemba likusize kanjani ekubhekaneni nezinselelo ezisempilweni yakho?

5. Usizakele kanjani kulezizifundo zebhayibheli ekuhambeni kwakho ngokholo.

6. Thatha umkhuleko evesini 9-12 uwubhale kabusha usuzibhalela wena noma iqembu uwubhale usulungisa isimo esiwuhlupho kuwe ongakwazi ukubhekana naso kodwa uwubhale ngendlela eyiqiniso.

UHLELO OLUNGALANDELWA:

1. _____
2. _____
3. _____
4. _____

BHALA AMANOTHI:

IMININGWANE NGOMKHANDLU WAMABANDLA I-DIAKONIA

UMkhandlu wamabandla i-Diakonia uyinhlangano yobumbano lobunceku bamabandla amaningi. Usekelwe nguMasipala weTheku, KwaZulu-Natal. UMkhandlu wakhiwe amabandla ayishumi nesithupha bese inezelwe ezinye izinhlangano ezimbili. Usuneminyaka engamashumi amathathu nanhlano yasungulwa. Usabalalisa ubunceku bamabandla futhi umele nobulungiswa emiphakathini.

UMBONO

Umphakathi oguqukile olwela ukuba kubekhona ubulungiswa emphakathini.

INJONGO

Singamabandla abumbene sikhuthazwa yinkolo yobuKrestu, sijonge ukuqgugquzela izinguquko ezizokwenza abantu bazithuthukise, bakwazi ukuzimela, futhi bawuqhubezele umoya wobulungiswa.

INHLOSO NGQANGI

Ukuqiniseka ukuzibandakanya kwamabandla ekwakhiweni kobulungiswa sizimisele kuloku:

- **Ubulungiswa emphakathini:** ukukhuthaza ukuthula nokubuyisana okuholela ekwakhiweni kwezinhlelo ezizobhekana nobhubhane lwesandulela – ngculazi nengculazi. Ukwakha ubudlelwano phakathi kwamabandla nezombusazwe kuze kufinyelele emazingeni aphantsi.
- **Ubulungiswa kwezomnotho:** ukufundisa ngolwazi nokufuna amalungelo abampofu kwezenhlalo nezomnotho, ukuqhakambisa izinhlelo zikadekle ezingcono nokuthola izidingo nezinkonzo zikahulumeni, nokuqwashisa ngomthelela womnotho womhlaba jikelele emnothweni wethu.
- **Ubulungiswa ngokwezemvelo:** sikhuthaza izinhlelo zokongiwa kwemvelo nokuqedwa kwendlala. Sixhumana nongoti ukuze sithole ulwazi lwesikhathi samanje lokongeka kwezemvelo nezitshalo kwingabade.

Izinhlelo eziphathelene nesandulela ngculazi nengculazi, nobugebengu, nentsha kanye nokulinganiswa kwamalungelo ziyinqikithi yokuzibandakanya kwethu.



Isikhathi sobulungiswa 2011
Diakonia Council of Churches

iMinistries Support Programme iyingxenywe yohlelo olubalulekile lomsebenzi wethu, ekukhuliseni ubudlelwano phakathi kwethu njengenhlangano kanye namabandla esisebenzisana nawo. Sizolamukela ithuba lokuba sivakashele ibandla lakho sizokhuluma ngomsebenzi wethu bese sifunda nakinina njengebandla.

Imithombo yesicobelelo:

1. **Amabhayibheli: The Poverty and Justice Bible** Contemporary English Version, British and Foreign Bible Society 2008.

Okucashunwe kuma website:

1. <http://www.wartoystopeaceart.com>
2. <http://www.innovint.com/services/small-acts-of-inclusion.php>
3. http://www.enebuilder.net/emmabragdon/e_article001144880.cfm?x=b11,0,w
4. [http://en.wikipedia.org/wiki/Ubuntu_\(philosophy\)](http://en.wikipedia.org/wiki/Ubuntu_(philosophy))
5. <http://bible.oremus.org>
6. http://en.wikipedia.org/wiki/Spiritual_transformation
7. http://www.google.co.za/search?q=random+acts+of+culture&rls=com.microsoft:en-us:IE-SearchBox&ie=UTF-8&oe=UTF-8&sourceid=ie7&rlz=1I7ADRA_en
8. <http://www.randomactsofkindness.org/>
9. <http://www.diakonia.org.za>
10. <http://www.desiringgod.org/resource-library/ask-pastor-john/what-is-so-important-about-christian-hope>
11. http://www.equalityforwomen.org/courses/russell/rus_1_2.htm

(Okunye kucashunwe kuma-website kunjengoba kunjalo, okunye kwaguqulwa, kuthi okunyeke kube okokuvula umqondo nje.)





*Ukuphokophelela
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